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# *The Essay Connection*

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**READINGS FOR WRITERS**

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**LYNDA BARRY**

Lynda Barry (born, 1956), daughter of a Filipino mother and an American father, grew up in an interracial neighborhood in Seattle. She told an interviewer, "Anybody who was coming from the Philippines would stay with us or with one of our [numerous] relatives. There was always a lot of commotion in the house, mostly in the kitchen. We didn't have a set dinner or lunch or breakfast time; when we wanted to eat there was always food on the stove. . . . At the time it was a little frustrating for me, because I looked to all the world like a regular little white American kid, but at home we were eating real different food and there was sometimes octopus in the refrigerator and stuff that was scary looking to my friends. . . . We ate with our hands, and when you say that, people think that you're also squatting on the floor . . . but it wasn't like that. There's a whole etiquette to the way that you eat with your hands, just like you hold a fork. And it was lively and unusual, an atmosphere where I . . . could pretty much do whatever I wanted to do."

As "The Sanctuary of School" indicates, "drawing came to mean everything" to the little girl who grew up to be a cartoonist. Nevertheless, when she began Evergreen State College she "wanted to be a fine artist," she says. "Cartoons to me were really

base." Then she realized that her drawings could make her friends laugh, and shortly after she graduated, in 1978, she created "Ernie Pook's Comeek," a wry, witty, and feminist strip now syndicated in over sixty newspapers in the United States, Canada, Russia, and Hungary. Barry has compiled her eighth comic collection, *It's So Magic*, (1994); has written her second novel, *Cruddy* (1997); and is doing commentaries for National Public Radio's *Morning Edition*. Her first novel, *The Good Times Are Killing Me*, was published in 1988. Like many satirists, Barry cares deeply about her subjects, as illustrated in her compassionate plea for social justice for children that permeates "The Sanctuary of School," first published in the *New York Times* Education Section, January 5, 1992.

## *The Sanctuary of School*

1 I was 7 years old the first time I snuck out of the house in the dark. It was winter and my parents had been fighting all night. They were short on money and long on relatives who kept "temporarily" moving into our house because they had nowhere else to go.

2 My brother and I were used to giving up our bedroom. We slept on the couch, something we actually liked because it put us that much closer to the light of our lives, our television.

3 At night when everyone was asleep, we lay on our pillows watching it with the sound off. We watched Steve Allen's mouth moving. We watched Johnny Carson's mouth moving. We watched movies filled with gangsters shooting machine guns into packed rooms, dying soldiers hurling a last grenade and beautiful women crying at windows. Then the sign-off finally came and we tried to sleep.

4 The morning I snuck out, I woke up filled with a panic about needing to get to school. The sun wasn't quite up yet but my anxiety was so fierce that I just got dressed, walked quietly across the kitchen and let myself out the back door.

5 It was quiet outside. Stars were still out. Nothing moved and no one was in the street. It was as if someone had turned the sound off on the world.

6 I walked the alley, breaking thin ice over the puddles with my shoes. I didn't know why I was walking to school in the dark. I didn't think about it. All I knew was a feeling of panic, like the panic that strikes kids when they realize they are lost.

7 That feeling eased the moment I turned the corner and saw the dark outline of my school at the top of the hill. My school was made up of about 15 nondescript portable classrooms set down on a fenced concrete lot in a rundown Seattle neighborhood, but it had the most beautiful view of the Cascade Mountains. You could see them from anywhere on the playfield and you could see them from the windows of my classroom—Room 2.

8 I walked over to the monkey bars and hooked my arms around the cold metal. I stood for a long time just looking across Rainier Valley. The sky was beginning to whiten and I could hear a few birds.

9 In a perfect world my absence at home would not have gone unnoticed. I would have had two parents in a panic to locate me, instead of two parents in a panic to locate an answer to the hard question of survival during a deep financial and emotional crisis.

10 But in an overcrowded and unhappy home, it's incredibly easy for any child to slip away. The high levels of frustration, depression and anger in my house made my brother and me invisible. We were children with the sound turned off. And for us, as for the steadily increasing number of neglected children in this country, the only place where we could count on being noticed was at school.

11 "Hey there, young lady. Did you forget to go home last night?" It was Mr. Gunderson, our janitor, whom we all loved. He was nice and he was funny and he was old with white hair, thick glasses and an unbelievable number of keys. I could hear them jingling as he walked across the playfield. I felt incredibly happy to see him.

12 He let me push his wheeled garbage can between the different portables as he unlocked each room. He let me turn on the lights and raise the window shades and I saw my school slowly come to life. I saw Mrs. Holman, our school secretary, walk into the office without her orange lipstick on yet. She waved.

13 I saw the fifth-grade teacher, Mr. Cunningham, walking  
under the breezeway eating a hard roll. He waved.

14 And I saw my teacher, Mrs. Claire LeSane, walking toward us  
in a red coat and calling my name in a very happy and surprised  
way, and suddenly my throat got tight and my eyes stung and I  
ran toward her crying. It was something that surprised us both.

15 It's only thinking about it now, 28 years later, that I realize I  
was crying from relief. I was with my teacher, and in a while I was  
going to sit at my desk, with my crayons and pencils and books  
and classmates all around me, and for the next six hours I was  
going to enjoy a thoroughly secure, warm and stable world. It  
was a world I absolutely relied on. Without it, I don't know where  
I would have gone that morning.

16 Mrs. LeSane asked me what was wrong and when I said  
"Nothing," she seemingly left it at that. But she asked me if I  
would carry her purse for her, an honor above all honors, and she  
asked if I wanted to come into Room 2 early and paint.

17 She believed in the natural healing power of painting and draw-  
ing for troubled children. In the back of her room there was always  
a drawing table and an easel with plenty of supplies, and some-  
times during the day she would come up to you for what seemed  
like no good reason and quietly ask if you wanted to go to the back  
table and "make some pictures for Mrs. LeSane." We all had a  
chance at it—to sit apart from the class for a while to paint, draw  
and silently work out impossible problems on 11 × 17 sheets of  
newsprint.

18 Drawing came to mean everything to me. At the back table  
in Room 2, I learned to build myself a life preserver that I could  
carry into my home.

19 We all know that a good education system saves lives, but  
the people of this country are still told that cutting the budget for  
public schools is necessary, that poor salaries for teachers are all  
we can manage and that art, music and all creative activities must  
be the first to go when times are lean.

20 Before- and after-school programs are cut and we are told that  
public schools are not made for baby-sitting children. If parents are  
neglectful temporarily or permanently, for whatever reason, it's

certainly sad, but their unlucky children must fend for themselves.  
Or slip through the cracks. Or wander in a dark night alone.

We are told in a thousand ways that not only are public  
schools not important, but that the children who attend them, the  
children who need them most, are not important either. We leave  
them to learn from the blind eye of a television, or to the mercy of  
"a thousand points of light" that can be as far away as stars.

I was lucky. I had Mrs. LeSane. I had Mr. Gunderson. I had  
an abundance of art supplies. And I had a particular brand of  
neglect in my home that allowed me to slip away and get to them.  
But what about the rest of the kids who weren't as lucky? What  
happened to them?

By the time the bell rang that morning I had finished my  
drawing and Mrs. LeSane pinned it up on the special bulletin  
board she reserved for drawings from the back table. It was the  
same picture I always drew—a sun in the corner of a blue sky  
over a nice house with flowers all around it.

Mrs. LeSane asked us to please stand, face the flag, place our  
right hands over our hearts and say the Pledge of Allegiance.  
Children across the country do it faithfully. I wonder now when  
the country will face its children and say a pledge right back.

## Content

1. What is the point of calling school a "sanctuary" (in the title)? How does Barry reinforce this image throughout the essay? Identify some of the life-saving features of Barry's second grade. Is Barry's view likely to convince even those readers whose elementary school experiences were quite different from hers, for instance, readers who regarded school as a form of prison or punishment?

2. Barry tells a personal story to make a general point about the values and economic priorities of the entire country. What is her point? Is it appropriate to make such a sweeping generalization on the basis of a single incident from one person's experience?

## Strategies/Structures

1. How does Barry manage to tell an extremely painful and moving tale without lapsing into either sentimentality (emotion disproportionate to the subject) or self-pity?